

SITE HEALTH AND SAFETY SHEET



Background Information:

1. Date Updated: September 2018
2. Country: Ghana
3. Community: Accra, Jukwa and Winneba
4. Main Partners: Peace Humanity International and Challenging Heights
5. Year Began Operating in Country: 2003

Emergency Contacts:

1. Amizade 24 Hour Line: 412-444-5166
2. Local Site Director Number:
 - +233 244 202294 (Pastor Chris)
 - +233 244 948714 (Kwame)
 - +233 246677298 (Serge Akpalou, CH)
 - +233 204554457 (Victoria Edudzi Abraham Wunake)
3. Local Hotel/Guest House:
 - **Accra Guesthouses:**
 - i. **Nurses and Midwives hostel**
Gulf house, Oponkglo
Shia shi, Accra
 - ii. **Fair View Hotel,**
Nyamekye off Tabora,
Alhaji Road,
+233 0307010520
 - **Winneba Guesthouses:**
 - i. **Lagoon Lodge**
P.O. Box 149
Winneba Ghana
+233 20816 2034
 - ii. **Windy Lodge**
P.O.Box 515, Winneba, Ghana
+233 50 128 2387
 - **Jukwa Guesthouse:**
 - i. Rainforest Lodge
 - ii. Box 2 jukwa via Cape Coast
 - iii. +233 024 132294

4. Local Police: +233 302 664611, +233 302 665561 (Accra Headquarters)
+233 332 132178 (Cape Coast Headquarters)
5. Police Station Winneba
 - Address
 - i. Corporal Junction (commonly known as Copa Junction), Winneba
 - ii. Located 10-12 minute Drive away from Challenging Heights Offices
 - Phone Number
 - i. 00233332322014
 - ii. 00233332322015
 - iii. 00233332322122
6. US Embassy: +233-30-274-1000

Transportation Information:

1. Vehicles Up-to-code (y/n)?: Y
2. Driver with Proper License (y/n)?: Y
3. Notable Road Hazards: Road safety remains a challenge in Ghana due to heavy traffic, speeding, overcrowded buses, and dangerous road conditions. The main road from Accra to Jukwa and Winneba is fully paved and in good condition.

Housing Logistics:

1. Location of Lodging: A vetted network of homestay families, or the Rainforest Lodge Hotel.
2. Notable Lodging Concerns: Pipe borne and well water cannot be consumed. Participants will be provided with bagged water (commonly referred to as “pure water” or “sachet water”) Homestays often do not have Western style toilets or showers. Electricity may go out unexpectedly for several hours and possibly days at a time. Bed nets must be used for malaria prevention in the homestay. Hot water inconsistent
3. Emergency Evacuation Plan: If in a hotel, meet in lobby and await further direction from group and site leaders. If in homestays, have homestay families call site director, convene at the library, or Challenging Heights offices and await further direction.

Health/Medical:

1. Closest Basic Medical Facility:
 - a. Trauma Hospital, Lost Cost, Winneba Junction
2. Closest Advanced Medical Facility: Cape Coast (30 minute drive), Winneba Junction (15 min drive from CH offices)
3. Notable Local Health Concerns: Malaria, dengue fever, typhoid, food, water, and insect borne illness, sunburn, traveler's diarrhea, dehydration

Classroom/Admin Space:

1. Location of Classroom Space: Library/school
2. Notable Space Concerns: Temperature

Technology/Communication:

1. Internet Access (Non-Existent, Unreliable, Sporadic, Reliable, Good, Excellent): Sporadic
2. Ability for Video-Chat (y/n)?: N
3. Cell Network (Non-Existent, Unreliable, Sporadic, Reliable, Good, Excellent): Reliable
4. Electrical Conversion: The electrical outlets of Ghana allow 230V at 50 Hertz to pass through them and are utilized with both D and G outlet plugs. By comparison, the electrical outlets of the United States allow 120V at 60 Hertz to pass through them and are utilized with A and B outlet plugs. Use this information to purchase any electrical voltage and/or plug adapters for your electronic belongings. Keep in mind that most laptops have the "black box converter" attached to their power cords.

Country Profile:



1. US State Department Country Page:
<http://travel.state.gov/content/passports/english/country/ghana.html>

2. Visa/Permit Information: Must be acquired in advance.
3. Notable Country-wide Health, Safety, and Security Risks: Road safety; robbery; food and water-borne illness; malaria

Community Profile:

1. General Profile: Jukwa is a large traditional village of about 8,000. Cocoa farmers, palm oil farmers, and tourism are the largest sectors in the area.
2. General Profile: Winneba, about 90 miles East of Cape Coast. Winneba is a historic fishing port in southern Ghana, lying on the south coast.
3. Notable Health, Safety, and Security Risks: Food and water-borne illness, malaria
4. Historical Site Critical Incidents: Foodborne illness in 2004 (although it was falsely diagnosed as malaria). Common cases of traveler's diarrhea, a case of malaria in 2011 (although it is likely that the student acquired the disease in south east Asia), and a case of malaria in 2013.