

SITE HEALTH AND SAFETY SHEET



#ECUADOR

Background Information:

1. Date Updated: November 24, 2019
2. Country: Ecuador
3. Community: San Miguel de Los Bancos, Ecuador
4. Main Partners: Nido de Vida
5. Year Began Operating in Country: 2019

Emergency Contacts:

1. Amizade 24 Hour Line: 412-444-5166
2. Local Site Director Number: Lenin Minga +593-98 670 3379
3. Nido de Vida landline: +593-2-361-3218
4. Local Police: +593-2-770-133 in La Orence (closest in proximity to Nido de Vida)
 - San Miguel de los Bancos police station: 2770
5. US Embassy: +593-2-398-5000

Transportation Information: Local transportation is not provided through Amizade.

1. Vehicles Up-to-code (y/n)?: Yes
2. Driver with Proper License (y/n)?: Yes
3. Notable Road Hazards: The road between Quito and San Miguel de los Bancos is windy, and is very dark at night. Caution should be taken when driving on this road.

Housing Logistics:

1. Location of Lodging:
 - **Hotel Los Bancos**
Calle Jaime Roldos y Wilson Rozales, San Miguel de Los Bancos 170750, Ecuador•
+593 99 496 0906
 - **Nido de Vida**
Familia Minga - La Bolivarense
+593-2-361-3218

2. Notable Lodging Concerns: There are not many suitable and affordable lodging options in San Miguel de los Bancos. Must reserve early.
3. Emergency Evacuation Plan: Meet in lobby/gathering place and await further instructions.

Health/Medical:

1. Closest Basic Medical Facility:
San Miguel de Los Bancos 'Sub-centro'
+593 2-277-0218
2. Closest Advanced Medical Facility:
Santo Domingo
Hospital Básico Torre Médica San Andrés
Avenida Chone, Santo Domingo, Ecuador
+593 2-275-8146

Quito
Hospital Metropolitano
Av. Mariana de Jesús s/n, Quito 170129, Ecuador
+593 2-399-8000
3. Notable Local Health Concerns: None.

Classroom/Admin Space:

1. Location of Classroom Space: Group space is present at each lodging site.
2. Notable Space Concerns: N/A

Technology/Communication:

1. Internet Access (Non-Existent, Unreliable, Sporadic, Reliable, Good, Excellent): Reliable
2. Ability for Video-Chat (y/n)?: Y
3. Cell Network (Non-Existent, Unreliable, Sporadic, Reliable, Good, Excellent): Nido de Vida will provide the group leader with a local phone to use during the program. Otherwise, T-mobile and google fi work without additional charge. All other US carriers would require an international plan.
4. Electrical Conversion: NO

Country Profile: Domestic site

1. US State Department Country Page: [Ecuador](#)
2. Visa/Permit Information: Not required for US citizens
3. Notable Country-wide Health, Safety, and Security Risks: The water in Ecuador is unsafe to drink. Intestinal and stomach bugs are common. Altitude is also a concern in Quito.

Community Profile:

1. **General Profile:** San Miguel de los Bancos is the seat of the county (also named San Miguel de los Bancos). The town has a population of around 15,000 people. The town has a relatively robust commercial center, but the surrounding area is still heavily agricultural. Los Bancos is a not a tourist destination, but does see a lot of thoroughfare as national and international tourists pass from the highlands to the coast. Nido de Vida is located in the very small town of La Bolivarense (which is part of the county of San Miguel de los Bancos). Most people in La Bolivarense are subsistence dairy farmers.
2. **Notable Health, Safety, and Security Risks:** In La Bolivarense, dogs can be aggressive. They are as guard dogs, not pets. Amizade participants should always walk in at least trios when in the town of Los Bancos. Absolutely no walking alone after dark. At night, Amizade participants should stay only on the main street of Los Bancos.
3. **Historical Site Critical Incidents:** None.