

## Sample Itinerary: 7 night / 8 day

Day	Location	Itinerary
Day 1: Saturday,	In Transit; Arrival to Montego Bay	<ul style="list-style-type: none"> <li>- Depart for Montego Bay</li> <li>- Pick up at airport &amp; transfer to Petersfield (~1 hour)</li> <li>- Welcome Dinner &amp; Orientation</li> <li>- Meet host families</li> </ul>
Day 2: Sunday	Petersfield / Galloway	<ul style="list-style-type: none"> <li>- Breakfast with host family</li> <li>- Church Service</li> <li>- Visit to Keith Wetherburns' Organic Farm</li> <li>- Lunch (packed)</li> <li>- Bluefields Beach</li> <li>- Dinner with host family</li> <li>- Presentation: Jamaican History &amp; Culture</li> </ul>
Day 3: Monday	Petersfield / Galloway	<ul style="list-style-type: none"> <li>- Breakfast with host family</li> <li>- Service</li> <li>- Lunch (packed)</li> <li>- Service</li> <li>- Dinner with host family</li> <li>- Presentation: National Hero; Marcus Garvey</li> </ul>
Day 4: Tuesday	Petersfield / Galloway	<ul style="list-style-type: none"> <li>- Breakfast with host family</li> <li>- Service</li> <li>- Lunch (packed)</li> <li>- Service</li> <li>- Dinner with host family</li> <li>- Presentation: Culinary Arts</li> </ul>
Day 5: Wednesday	Petersfield / Galloway	<ul style="list-style-type: none"> <li>- Breakfast with host family</li> <li>- Service</li> <li>- Lunch (packed)</li> <li>- Visit to Roaring River (local fresh water spring/cave system)</li> <li>- Dinner with host family</li> <li>- Presentation: The History of Reggae &amp; Reggae Dancing with AOC Community Members</li> </ul>
Day 6: Thursday	Negril	<ul style="list-style-type: none"> <li>- Breakfast with host family</li> <li>- Visit Margaritaville &amp; Rick's Cafe</li> <li>- Dinner with host family</li> <li>- Attend AOC Weekly Meeting</li> </ul>
Day 7: Friday	Petersfield / Galloway	<ul style="list-style-type: none"> <li>- Breakfast with host family</li> <li>- Service</li> <li>- Lunch</li> <li>- Visit Bluefields Beach</li> <li>- Dinner with host families</li> <li>- Send off party</li> </ul>

Day 8:  
Saturday

Petersfield /  
Galloway

- Breakfast with host family
- Transfer to airport
- Return flight to USA