

2020 Sample Itinerary: 7 nights / 8 days

Day	Location	Itinerary
Saturday	In Transit / Williamson, WV	<ul style="list-style-type: none"> - Arrive in Williamson, WV - Settle in to lodging - Walking Tour - Welcome Dinner - Program Orientation
Sunday	Charleston/ Williamson, WV	<ul style="list-style-type: none"> - Breakfast - Service - Lunch - Hatfield and McCoy Trail walk - Dinner - Group discussion and reflection
Monday	Williamson, WV	<ul style="list-style-type: none"> - Breakfast - Introduction to Williamson Health & Wellness Center - Lunch - Service - Dinner - Group discussion and reflection
Tuesday	Williamson, WV	<ul style="list-style-type: none"> - Breakfast - Service - Lunch - Service - Community Tuesday Night Track at Belfry High School - Dinner - Group discussion and reflection
Wednesday	Williamson, WV	<ul style="list-style-type: none"> - Breakfast - Visit Starrs Farm, discussion with Starrs family - Lunch at Starrs Farm - Midweek check-in and group discussion and reflection - Dinner
Thursday	Williamson, WV/ Pikeville, KY	<ul style="list-style-type: none"> - Breakfast - Visit and tour of Pikeville, KY - Work with Sustainable Pikeville - Lunch in Pikeville - Continue work with Sustainable Pikeville

		<ul style="list-style-type: none"> - Dinner - Group discussion and reflection
Friday	Williamson, WV	<ul style="list-style-type: none"> - Breakfast - Visit opioid treatment center - Lunch - Service - Dinner - Final program reflection - Bonfire
Saturday	In Transit / Departure	<ul style="list-style-type: none"> - Breakfast & Departure